

# Progression of Skills

## Achievement and success

	L1	L2	L3	L4	L5	L6
FS	Reflecting on previous achievements and things that we can't do yet	Understanding that some goals can be achieved quickly/ when we are young and others take longer	Working as a team to achieve a class goal	Working as a group to achieve a goal – turn taking, helping each other	Talking through personal goals with older mentors/ acting on advice	Assessment: Reflecting on whether or not we have achieved our home goal
Year 1	Creating a timeline to show achievements in our lives so far	Thinking about ambitions for the future and how these might be achieved	Understanding the importance of speaking positively about challenges	Understanding why we shouldn't always settle for our first attempt	Working as a team to set and achieve a class goal	Assessment: Identifying the thoughts and words that we use when we are working to achieve a goal
Year 2	Identifying our latest achievement and how we ensured that we were successful	Identifying step-by-step actions to achieve a personal goal	Thinking about famous failures and the potential consequences of giving up	Identifying the mutual benefits of helping others to succeed/ seeking the support of others to help us	Comparing the success rates of one person individually, and a team, doing the same task	Assessment: Explaining to other people how to be successful
Year 3	Understanding what achievement and success are	Understanding the role that we can play in helping others to achieve success – being encouraging, giving advice, praising and celebrating	Understanding how Paralympians can be supported to achieve great things, e.g. through specialist equipment, through the help of others	Identifying some of the barriers to being successful and ways to overcome them	Understanding some of the ways in which we can succeed as a team – letting others speak, taking turns, being an effective communicator	Assessment: Creating a piece of drama that shows how we can achieve and succeed
Year 4	Using an achievement graph to identify recent class and personal achievements	Developing a plan to achieve future success	Understanding the importance of being resilient, not giving up and overcoming difficulties	Understanding why it is important to fail, in order to be successful	Understanding some of the ways in which we can succeed as a team – making good personal contributions, letting everyone have a go, distributing tasks fairly	Assessment: Creating a song which explains to others how to be successful
Year 5	Understanding that goals can be set in order to achieve success – using the SMART model	Setting individual SMART targets with steps to success and milestones	Understanding that we can use the success of others to think more creatively, and achieve more, ourselves	Understanding that, in order to achieve success as a team, we may have to overcome a range of emotions – frustration, pressured by lack of time, left out	Recognising ways in which we can build personal resilience – having a fierce work ethic, knowing that we need to practise, wanting to make a difference	Assessment: Creating a script which explains to others how to be successful
Year 6	Understanding that success isn't just about sporting or academic achievement. We can also become more successful personally, socially and emotionally	Setting individual personal, social and emotional SMART targets	Understanding that we can learn from others' success when developing a business plan	Putting the previous session's plans into practice and recognising how we can learn from and overcome failure	Understanding the importance of not settling for our first attempt, if we want to be the most successful that we can be	Assessment: Giving a speech to motivate and inspire others to be successful