

[WEEKLY MENU]



Week 1

Weeks Commencing: Mon 18th Apr - Mon 9th May - Mon 6th Jun - Mon 27th Jun - Mon 18th Jul



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Turkey Tikka Masala (CE, G, MK)	Meaty Meatball Pizza (G, MK)	Roast Turkey, Stuffing & Roast Gravy (G)	Beef Burrito & Rainbow Chopped Salad (CE, G, MK)	Fish Fingers & Tomato Ketchup (F, G)
Vegetarian Dish of the Day	Vegetable & Quorn Korma (CE, E, G*)	Margherita Pizza (G, MK)	Quorn Sausage Toad in the Hole (CE, E, G, MK)	Vegetable & Bean Chilli (CE, G*)	Cheesy Bean Quesadilla (CE, G, MK)
Fish Dish of the Day	Fish Burger & Garlic Herb Potatoes (F, G, SE*)	Seafood Spaghetti in Tomato Sauce (CE, F, G)	Seafood Noodles (CE, E, G, F, MU*, SO)	Fish & Vegetable Curry (CE, F, G*, MK)	Chefs Special
Vegetable Choice	Steamed Rice, Cauliflower & Green Beans	Seasoned Wedges, Green Beans & Sweetcorn	Baby Roast Potatoes Seasonal Vegetables	Golden Vegetable Rice (CE) Pot Roasted Summer Greens	Chipped Potatoes Garden Peas Baked Beans
Dessert of the Day	Cinnamon Swirl & Caramel Sauce (G, MK)	Apple Flapjack with Strawberry Milkshake (G, MK)	Apple Crumble & Custard (G, MK)	Sicilian Lemon Cake Honey Greek Yoghurt (E, G, MK, SU)	Summer Fruits Cheesecake (E*, G, MK, SO*)
Cold Selection	Salad Bar Home Baked Breads (G,SO) Fresh Fruit	Salad Bar Home Baked Breads (G,SO) Fresh Fruit	Salad Bar Home Baked Breads (G,SO) Fresh Fruit	Salad Bar Home Baked Breads (G,SO) Fresh Fruit	Salad Bar Home Baked Breads (G,SO) Fresh Fruit

Allergens:

CE = Celery, CR = Crustacean, E = Eggs, F = Fish, G = Cereals Containing Gluten, L = Lupin, MK = Milk, MO = Molluscs, MU = Mustard, N = Nuts, P = Peanuts, SO = Soya, SU = Sulphur, SE = Sesame Seeds

* = May Contain

Star

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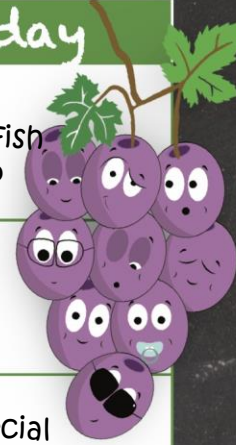
[WEEKLY MENU]



Week 2

Weeks Commencing: Mon 25th Apr - Mon 16th May - Mon 13th Jun - Mon 4th July

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Chinese Turkey Noodles (CE, E, G, MÜ*, SO)	Pepperoni Pizza (G, MK)	Roasted Garlic & Thyme Turkey	Turkey Fajitas (CE, G, MK)	Baked Battered Fish & Ketchup (F, G)
Vegetarian Dish of the Day	Sweet & Sour Quorn (CE, E)	Cherry Tomato & Basil Pizza (G, MK)	Piri Piri Quorn Fillets (CE, E)	Quorn & Bean Buritto (CE, E, G, MÜ)	Macaroni Cheese (G, MK)
Fish Dish of the Day	Seafood & Dill Pasta Bake (CE, F, G, MK)	Fish & Vegetable Dhal (CE, F, G*)	Fishermans Pie (F, G, MK)	Seafood Arrabiatta (CE, F, G)	Chefs Special
Vegetable Choice	Steamed Rice Wok Fried Greens (G, SO)	Seasoned Wedges Seasonal Vegetables	Baby Roast Potatoes Medley of Seasonal Vegetables	Mexican Rice Salad (SU) Roasted Corn Ribs	Chipped Potatoes Baked Beans Garden Peas
Dessert of the Day	Banoffee Pie (G, MK)	Pancakes with Summer Fruit Compote (E, G, MK)	Chocolate Beetroot Brownie & Chocolate Sauce (E, G, MK, SO)	Strawberry Eton Mess (E, MK)	Belgian Waffle with Chocolate Sauce (E, G, MK, SO)
Cold Selection	Salad Bar Home Baked Breads (G,SO) Fresh Fruit	Salad Bar Home Baked Breads (G,SO) Fresh Fruit	Salad Bar Home Baked Breads (G,SO) Fresh Fruit	Salad Bar Home Baked Breads (G,SO) Fresh Fruit	Salad Bar Home Baked Breads (G,SO) Fresh Fruit



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[WEEKLY MENU]



Week 3

Weeks Commencing: Mon 2nd May - Mon 23rd May - Mon 20th Jun - Mon 11th Jul



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Beef Bolognese	Caribbean Turkey Hot Pot (G, SO, SU)	Roast Beef Yorkshire Pudding & Roast Gravy (E, G, MK)	Sweet & Sour Turkey (CE, E, G, SO)	Fish Fingers with Lemon Mayo (E, G, F)
Vegetarian Dish of the Day	Baked Vegetable Risotto (CE)	Caribbean Vegetable & Quorn Curry (CE, E)	Feta & Spinach Filo Tart, Tomato Sauce (CE, E, G, MK)	Hoi Sin Vegetable & Noodle Stir Fry (CE, E, G, MU*, SO)	Slow Roasted Tomato & Cheese Pasta Bake (CE, G, MK)
Fish Dish of the Day	Fish Biryani (CE, F, G*)	Seafood Spaghetti Carbonara (CE, F, G, MK)	Cajun Fish Wrap (CE, F, G, MU)	Fish Paella (CE, F, MU)	Chefs Special
Vegetable Choice	Spaghetti (G) Carrot & Peas	Rice & Peas (CE) Green Beans & Carrots	Baby Roast Potatoes Sautéed Cabbage Cauliflower	Steamed Rice Sweetcon & Broccoli	Chipped Potatoes Baked Beans Garden Peas
Dessert of the Day	Strawberry Mousse with White Choc Chip Cookie (E, G, MK, SO)	Cherry Tray Bake Whipped Cream (E, G, MK)	Sumer Fruit Crumble & Custard (G, MK)	Orange & Cranberry Sponge & Vanilla Sauce (E, G, MK)	Ice-Cream (MK)
Cold Selection	Salad Bar Home Baked Breads (G, SO) Fresh Fruit	Salad Bar Home Baked Breads (G, SO) Fresh Fruit	Salad Bar Home Baked Breads (G, SO) Fresh Fruit	Salad Bar Home Baked Breads (G, SO) Fresh Fruit	Salad Bar Home Baked Breads (G, SO) Fresh Fruit

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