

[WEEKLY MENU]



Week 1

Week Commencing: Mon 1st Jan - Mon 22nd Jan - Mon 19th Feb - Mon 11th Mar



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Beef Bolognese Pasta Bake (G, MK)	Meat Feast Pizza (G, MK)	Roast Turkey & Gravy	Caribbean Chicken Curry (CE, G*)	Fish Fingers & Chips (F, G)
Vegetarian Dish of the Day	Roasted Vegetable Lasagne (E*, G, MK)	Margherita Pizza (G, MK)	Root Vegetable Wellington (CE, E, G)	Jerk Quorn Burrito (CE, E, G)	Vegan Nuggets & Chips (G)
Fish Dish of the Day	Fish & Sweet Potato Burrito (CE, F, G, MU)	Cajun Fish Wrap (CE, F, G, MU)	Seafood Goulash (CE, F, SU)	Fish Arrabbiata (CE, F, G)	Chefs Special
Vegetable Choice	Chefs Salad & Coleslaw (E, MU)	Seasoned Potato Wedges & Sweetcorn	Rustic Roast Potatoes & Medley of Seasonal Vegetables	Rice, Peas & Seasonal Greens	Beans or Peas
Dessert of the Day	Banana Sponge with Vanilla Sauce (E, G, MK)	Fruit Jelly	Iced Vanilla Sponge (E, G)	Shortbread Biscuit (G)	Ice Cream (MK)
Cold Selection	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit

Allergens:

CE = Celery, CR = Crustacean, E = Eggs, F = Fish, G = Cereals Containing Gluten, L = Lupin, MK = Milk, MO = Molluscs, MU = Mustard, N = Nuts, P = Peanuts, SO = Soya, SU = Sulphur, SE = Sesame Seeds

* = May Contain

Star Primary School



[WEEKLY MENU]



Week 2

Week Commencing: Mon 8th Jan - Mon 29th Jan - Mon 26th Feb - Mon 18th Mar

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Spaghetti Beef Bolognese (G)	Beef Burger & Homemade Potato Wedges (G, SE*, SO)	Roast Beef & Gravy	Chicken Arrabbiata (CE, G)	Battered Fish & Chips (F, G)
Vegetarian Dish of the Day	Vegetable Bolognese with Spaghetti (CE, G)	Vegetable Bean Burger & Homemade Potato Wedges (G, SE*)	Winter Vegetable Quiche & Nut Free Pesto (E, G, MK)	Tomato & Olive Arrabbiata (CE, G)	Homemade Vegan Sausage Roll & Chips (G)
Fish Dish of the Day	Seafood & Dill Pasta Bake (CE, F, G, MK)	Seafood Spaghetti (CE, F, G)	Seafood Tikka Kebab (F, MK)	Fish & Vegetable Dhal (CE, F, G*)	Chefs Special
Vegetable Choice	Garlic Bread and Green Salad (G, MK)	Baked Beans or Coleslaw (E, MU)	Rustic Roast Potatoes & Seasonal Vegetables	Seasonal Vegetables	Beans or Peas
Dessert of the Day	Lemon Drizzle Cake (E, G, SU)	Fruit Jelly	Classic Jam Sponge & Custard (E, G, MK, SO*)	Selection of Fruit Mousse (MK)	Chocolate Orange Sponge with Chocolate Sauce (E, G, MK, SO)
Cold Selection	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit

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Week 3

Week Commencing: Mon 15th Jan - Mon 5th Feb - Mon 4th Mar - Mar 25th Mar



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Butchers Sausage & Crushed Potato with Gravy (CE, G, MK, SO, SU)	Sweet & Sour Chicken (CE)	Roast Chicken & Gravy	Beef Lasagne (E*, G, MK)	Fish Fingers & Chips (F, G)
Vegetarian Dish of the Day	Veggie Sausage & Crushed Potato with Gravy (G, MK)	Vegetable Chow Mein (CE*, E, G, MU*, SO)	Roasted Vegetable Filo Parcel & Tomato Sauce (CE, G)	Mac & Cheese (G, MK)	Margherita & Chips (G, MK)
Fish Dish of the Day	Fish Pie (F, G, MK)	Seafood Noodles (CE, E, F, G, MU*, SO)	Fish Biriyyani (CE, F, G*)	Seafood Mac N Cheese (F, G, MK)	Chefs Special
Vegetable Choice	Seasonal Greens	Steamed Rice & Stir Fried Greens	Rustic Roast Potatoes & Seasonal Vegetables	Green Salad or Coleslaw (E, MU)	Beans or Peas
Dessert of the Day	Forest Fruit Traybake (E, G, MK*)	Fruit Jelly	Apple Crumble & Custard (G, MK)	Fruity Flapjack (G)	Double Chocolate Chip Cookie (E, G, MK, SO)
Cold Selection	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit

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