## [WEEKLY MENU] Week 1

Week Commencing: Mon 15th Apr - Mon 6th May - Mon 3rd Jun - Mon 24th Jun - Mon 15th Jul

1		Monday	Tuesday	Wednesday	Thursday	Friday
	Main Dish with Halal Option	Ruffer ( nicken	Beef Burger & Homemade Potato Wedges (G, SE*, SO)	Roast Chicken ↓ Gravy	Beef Lasagne (E, G, MK)	Fish Fingers & Chips (F, G)
	Vegetarian Dish of the Day	Vegetable & Lentil Korma with Rice (CE, G*, MK)	Vegetable Bean Burger & Homemade Potato Wedges (G, SE*)	Roasted Vegetable Filo Parcel & Homemade Tomato Sauce (G)	Roasted Vegetable Lasagne (E*, G, MK)	Cheesy Calzone (G, MK)
	Fish Dish of the Day	Fish & Vegetable Dhal (CE, F, G*)	Cajun Fish Wrap (CE, F, G, MU)	Seafood Goulash (CE, F, SU)	Fish Arribiata (CE, F, G)	
	Vegetable Choice	Seasonal Vegetables	Baked Beans or Colesiaw (E, MU)	Rustic Roast Potatoes & Medley of Seasonal Vegetables	Green Salad 4 Coleslaw (E, MU)	Beans or Peas
	Dessert of the Day	Selection of Fruit Mousse (MK)	Honey & Raisin FlapjaCk (G)	Apple Crumble ∳ Custard (G, MK)	Pineapple Upside Down Cake (E, G, MK)	Ice Cream (MK)
	Cold Selection	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit

Allergens:

CE = Celery, CR = Crustacean, E = Eggs, F = Fish, G = Cereals Containing Gluten, L = Lupin, MK = Milk, MO = Molluscs, MU = Mustard, N = Nuts, P = Peanuts, SO = Soya, SU = Sulphur, SE = Sesame Seeds \* = May Contain

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Week Commencing: Mon 22nd Apr - Mon 13th May - Mon 10th Jun - Mon 1st Jul

	West Calling 1   1   2   2   2   2   2   2   2   2						
	Monday	Tuesday	Wednesday	Thursday	Friday		
Main Dish with Halal Option	Chicken & Tomato Basil Pasta (G, MK)	Classic Hot Dog (CE, G, SE*, SO*, SU)	Roast Beef & Gravy	Caribbean Chicken Curry	Battered Fish A Chips (F, G).		
Vegetarian Dish of the Day	Tomato & Basil Pasta (CE, G)	Quorn Hot Dog (E, G, SE*, SO*)	Summer Vegetable Quiche & Nut Free Pesto (E, G, MK)	Jerk Vegetable Curry (CE, G)	Vegan Nuggets & Chips (G)		
Fish Dish of the Day	Seafood → Dill Pasta Bake (CE, F, G, MK)	Seafood Tikka Kebab (F, MK)	Seafood Spaghetti (CE, F, G)	Fish & Sweet Potato Buritto (CE, F, G, MU)			
Vegetable Choice	Garlic Bread and Green Salad (G, MK)	Homemade Potato Wedges ∻ Sweetcorn	Rustic Roast Potatoes & Seasonal Vegetables	Jamaican Rice ↓ Peas, Seasonal Greens	Beans or Peas		
Dessert of the Day	Banana Sponge with Vanilla Sauce (E, G, MK)	Lemon Meringue Pie (E, G)	Classic Jam Sponge & Custard (E, G, MK, SO*)	Apple Traybake (E, G, MK*)	Chocolate Orange Sponge with Chocolate Sauce (E, G, MK, SO)		
Cold Selection	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit						

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## [WEEKL! MENU] Week 3

Week Commencing: Mon 29th Apr - Mon 20th May - Mon 17th Jun - Mon 8th Jul

		Monday	Tuesday	Wednesday	Thursday	Friday
	Main Dish Jith Halal Option	Chinese Chicken Noodles (CE, E, G, MU*, SO)	BBQ Chicken Pizza (G, MK)	Roast Turkey 4 Gravy	Butchers Sausage & Crushed Potato with Gravy (CE, G, MK, SO, SU)	(F, G)
Vegeta Dish o Day		Chinese Vegetable Stir Fry Noodles (CE, E, G, MU*, SO)	Margherita Pizza (G, MK)	Veggie Shepherdess Pie (CE, MK)	Veggie Sausage & Crushed Potato with Gravy (E, MK)	Mac & Cheese (G, MK)
Fish [ the D	Dish of	Seafood Noodles (CE, CR, E, F, G, MU*, SO)	Fish Biriyani (CE, CR, F, G)	Fish Pie (F, G, MK)	Seafood Mac ↓ Cheese (F, G, MK)	
Veget		Stir Fried Greens	Seasoned Potato Wedges 4 Sweetcorn	Rustic Roast Potatoes & Medley of Seasonal Vegetables	Seasonal Greens	Beans or Peas
Desse the D		Lemon Drizzle Cake (E, G, SU)	Carrot Cake Traybake (E, G, MK*, \$0)	Iced Vanilla Sponge (E, G)	Dutch Apple Tart (E, G, MK)	Double Chocolate Chip Cookie (E, G. MK, \$0)
Selec-	tion	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK; SO) Fresh Fruit •

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