

[WEEKLY MENU]



Week 1

Week Commencing: Mon 2nd Sept - Mon 23rd Sept - Mon 14th Oct - Mon 11th Nov - Mon 2nd Dec



| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------------------------|--|---|---|--|-----------------------------|
| Main Dish with Halal Option | BBQ Chicken | Beef Burger & Homemade Potato Wedges (G, SE*, SO, SU) | Roast Turkey & Gravy | Meatball Pasta Bake (E, G, MK, SO, SU) | Fish Fingers & Chips (F, G) |
| Vegetarian Dish of the Day | BBQ Vegetables (CE, G*) | Vegetable Bean Burger & Homemade Potato Wedges (G, SE*) | Vegetable Parcel (CE, G) | Tomato & Basil Pasta (CE, G) | Vegan Nuggets & Chips (G) |
| Fish Dish of the Day | Fisherman's Pie (F, G, MK) | Seafood Noodles (CE, E, F, G, SO) | Fish Biryani (CE, F) | Seafood Mac & Cheese (F, G, MK) | |
| Vegetable Choice | Rice, Sweetcorn & Peppers (CE) | Baked Beans or Coleslaw (E, MU) | Rustic Roast Potatoes & Medley of Seasonal Vegetables | Garlic Bread & Green Salad (G, MK*, SO*) | Beans or Peas |
| Dessert of the Day | Syrup Sponge with Custard (E, G, MK, SO*) | Strawberry Mousse (MK) | Iced Vanilla Sponge (E, G, MK, SO*) | Vanilla Shortbread Biscuit (G) | Ice Cream (MK) |
| Cold Selection | Daily Salad Bar, Homemade Bread (E*, G, MK, SO), Selection of Fresh Fruit, Jelly and Yoghurt | | | | |



Allergens:
 CE = Celery, CR = Crustacean, E = Eggs, F = Fish, G = Cereals Containing Gluten, L = Lupin, MK = Milk,
 MO = Molluscs, MU = Mustard, N = Nuts, P = Peanuts, SO = Soya, SU = Sulphur, SE = Sesame Seeds
 * = May Contain

[WEEKLY MENU]



Week 2

Week Commencing: Mon 9th Sept - Mon 30th Sept - Mon 21st Oct - Mon 18th Nov - Mon 9th Dec

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------------------------|--|--------------------------------------|---|--------------------------------------|--|
| Main Dish with Halal Option | Savoury Beef Mince (CE) | Meat Feast Pizza (G, MK) | Roast Beef & Gravy | Butter Chicken Curry & Rice (CE, G*) | Battered Fish & Chips (F, G) |
| Vegetarian Dish of the Day | Winter Vegetable Stew (CE) | Margherita Pizza (G, MK) | Winter Vegetable Quiche & Nut Free Pesto (E, G, MK) | Lentil Dhal (CE, G) | Vegan Sausage Roll (G, MK*) |
| Fish Dish of the Day | Fish & Sweet Potato Burrito (CE, F, G, MU) | Cajun Fish Wrap (CE, F, G, MU) | Seafood Goulash (CE, F, SU) | Fish Pasta Arrabiatta (CE, F, G) | |
| Vegetable Choice | Rice, Carrots & Cabbage | Seasoned Potato Wedges & Baked Beans | Rustic Roast Potatoes & Seasonal Vegetables | Green Beans & Cauliflower | Beans or Peas |
| Dessert of the Day | Honey & Raisin Flapjack (G) | Toffee Pear Crumble (G, MK) | Classic Jam Sponge & Custard (E, G, MK, SO*, SU) | Apple Pie & Custard (G, MK) | Chocolate Banana Cake with Chocolate Sauce (E, G, MK, SO*) |
| Cold Selection | Daily Salad Bar, Homemade Bread (E*, G, MK, SO), Selection of Fresh Fruit, Jelly and Yoghurt | | | | |



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[WEEKLY MENU]



Week 3

Week Commencing: Mon 16th Sept - Mon 7th Oct - Mon 4th Nov - Mon 25th Nov - Mon 16th Dec



| | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------------------|--|-----------------------------------|---|--|--|
| Main Dish with Halal Option | Butchers Sausage & New Potatoes with Gravy (G, SO, SU) | BBQ Jerk Chicken | Roast Chicken & Gravy | Spaghetti Beef Bolognese (G) | Fish Fingers & Chips (F, G) |
| Vegetarian Dish of the Day | Veggie Sausage & New Potatoes with Gravy (G) | Roasted Vegetable Cottage Pie | Roasted Vegetable Filo Parcel & Homemade Tomato Sauce (CE, G) | Vegetable Bolognese with Spaghetti (CE, G) | Cheesy Calzone & Chips (G, MK) |
| Fish Dish of the Day | Seafood & Dill Pasta Bake (CE, F, G, MK) | Seafood Spaghetti (CE, F, G) | Seafood Tikka Kebab (F, MK) | Fish & Vegetable Dhal (CE, F) | |
| Vegetable Choice | Peas & Broccoli | Rice & Peas & Seasonal Vegetables | Rustic Roast Potatoes & Seasonal Vegetables | Garlic Bread & Green Salad (G, MK*, SO*) | Beans or Peas |
| Dessert of the Day | Winter Berry Traybake (E, G, MK, SO) | Fruit Jelly | Apple Crumble & Custard (G, MK) | Lemon Drizzle Cake (E, G, MK, SO* SU) | White Chocolate Chip Cookie (E, G, MK, SO) |
| Cold Selection | Daily Salad Bar, Homemade Bread (E*, G, MK, SO), Selection of Fresh Fruit, Jelly and Yoghurt | | | | |

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Star Primary School

